BRANDNEWYOU PERSONAL BRANDING AND PROFESSIONAL DEVELOPMENT

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FEEL LIKE YOU BELONG?

Increased sensitivity to the meaning of words.

More Australians assign a positive definition to the term 'woke' -48% vs 30%.

Significant change in Australia's work culture – introspective, work from home, gone are the 'larrikin days'.

Not sure you have the answers anymore?





IMPOSTER SYNDROME

Accomplishments = luck, hard work or manipulating how people see me.







CLINICAL RESEARCH





What it is not.

- No difference between the sexes.
- Not related to self esteem.
- Not related to self-monitoring.





Imposter.

"Failure is an opportunity to grow" **GROWTH** MINDSET

"I can learn to do anything I want"

"Challenges help me to grow"

"My effort and attitude determine my abilities"

"Feedback is constructive"

"I am inspired by the success of others"

"I like to try new things"



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The Perfectionist



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The Superhero



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The Natural Genius



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The Expert



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The Soloist







CONFIRMATION BIAS.



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SEEING RED





HARVEY





COUNTER SIGNALLING





CONNECT.

We are more likely to agree with people if we believe we have a connection with them - 'psychological contagion'



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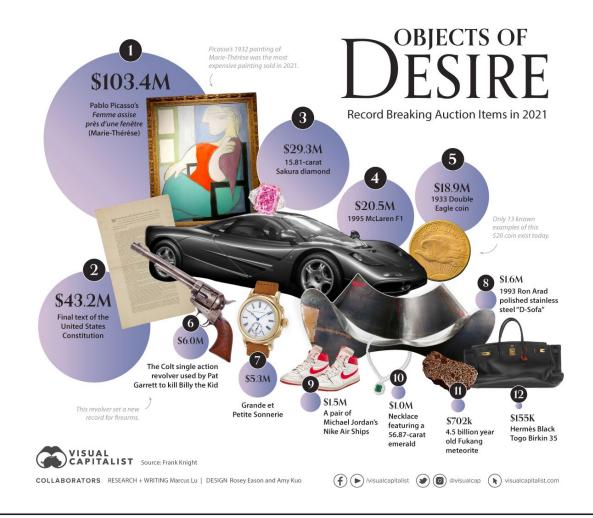
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ONE THOUGHT, ONE BREATH.





SCARCITY.





AUTHORITY.





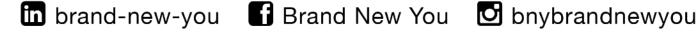


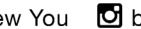
STATUS.



Status is given to you.

Power is about control over critical resources.





STATUS IS RELATIVE

We care about our status as it relates to others.

Only those that are in our immediate or nearby groups.







STATUS IS CULTURAL

What is deemed high status in one culture may not be in another.





STATUS IS FLUID

Status is given to you. Power is about control over critical resources.





OPENNESS.



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YOUR STORY

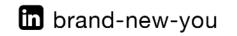


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PREP







STATUS TRANSFER

Co-operative, social connectedness – improved status





OBJECTIVES



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KILL THE MONSTER





SPEAKING WITH SPEED





SPEAKING WITH CONFIDENCE





SPEAKING WITH OWNERSHIP



